



Self Assessment	Yes (1)	No (1)
Am I 99% accountable for my word and the things I say I will do?		
Do I get things done during my workday without becoming distracted?		
Do I avoid procrastinating with the mundane or frog-like tasks?		
Is my To Do List shorter rather than longer?		
Do I know I am excellent at what I do rather than question my abilities?		
Do I look fear in the face and not allow it to hinder my abilities?		
Do I implement the low hanging fruit that I learn from others?		
Do I ask for help from others when I need it?		
Do I work with the material I bring home from seminars and trainings and not let it collect dust on my desktop?		
Do I look for new ways to market or stick to what I know?		
Do attending new or different networking events appeal to me?		
Am I getting involved in the social media available?		
Do I practice relationship building where ever the opportunity presents itself?		
Am I effective at my problem solving techniques?		
Do I just roll up my sleeves and get things done?		
Do I practice excellent follow up techniques?		
Am I good at balancing work and family?		
Do I have contracts and processes in place that facilitate the effectiveness of my business?		
Do I have my daily/weekly/monthly goals written out and followed?		
Do I know what I look like in the success of my business?		
Is my business plan updated regularly?		
Do I complete a task every day that takes me to the next level in my business?		
Totals		

Score Results

If you answered **YES to 20-22**, YOU are exceptional!

If you answered **YES to 17-19**, YOU are terrific!

If you answered **YES to 0-16**, YOU will "experience a level of excellence" by joining a Mastermind & Mentors Group!